



AFYA TIMIZA aims to sustainably improve health outcomes for mothers, children and adolescents in hard to reach communities. In the photo is reproductive, maternal and child health project officer Anthony Arasio sharing health information during the Kimormor – cross sector outreach in Turkana county.

# **KENYA**

# **AFYA TIMIZA**

Access to quality and affordable health care continues to burden the nomadic pastoral populations in the hard to reach areas of arid and semi-arid lands. Underpinning factors include greater difficulty in traveling to health facilities, less diversity in health care resources to choose from and high illiteracy levels. Harsh climates make it difficult to attract and retain health facility workers in the few existing health facilities.

The patriarchal nature of the nomadic pastoral community also presents gender norms that do not support independent decision making for women hindering their access to and utilization of health services. Harmful social cultural practices like early marriage and female genital mutilation (FGM/C) are customary. Women, children and adolescents are most disadvantaged by these inequalities and vulnerabilities.

AFYA TIMIZA is an initiative aimed at sustainably improving health outcomes for mothers, children and adolescents for the vulnerable communities by increasing availability to affordable and quality family planning, reproductive, maternal, newborn, child and adolescent health (FP/RMNCAH) services; nutrition; water, hygiene and sanitation (WASH).

### **OUR WORK**

AFYA TIMIZA provides technical assistance to county and sub county health management teams to strengthen health systems. To increase access and optimize delivery of quality and affordable health services we mobilize and support facility and community based outreaches for primary health care services.

We also engage in high level advocacy at both county and community levels to promote equity, efficiency and effectiveness of health services.

Communities are empowered with knowledge and information to stimulate health seeking behavior and uptake of services through community health volunteers, peer educators, religious leaders, traditional leaders, talking walls and the digisomo device.

This three pronged approach - technical assistance, advocacy and community empowerment - provides a sustainable foundation for improved health outcomes for the women, children and adolescents in the marginalized communities.

To challenge the gender norms and socio cultural practices men and boys are engaged on matters FP/RMNCAH. Their involvement as allies helps address the sexual reproductive health and rights in the community.

#### **ACHIEVEMENTS**

Since September 2016 to date AFYA TIMIZA has:

- Enabled 8, 741 women to access skilled delivery services
- Trained 821 community health volunteers (CHV's) on maternal and newborn health
- Capacity build 614 community health volunteers (CHVs) on family planning literacy
- Empowered 27,849 individuals to receive family planning services
- Enabled 11, 847 children under one year to receive full immunization
- Reached 46,300 children under five years (0-59 months) through nutrition specific interventions
- Transitioned 371 girls into womanhood through alternative rite of passage
- Enrolled 4, 656 peopled for the national health insurance fund
- Mobilized and trained county and sub county health management teams on leadership, management and governance
- Supported the target counties in developing gender transformation tool kits for family planning, reproductive, maternal, newborn, child and adolescent health FP/RMNCAH).

**BUDGET USD 24 million** 

## DURATION

2016-2022

#### **ACTIVITY LOCATIONS**

Turkana and Samburu Counties

#### **KEY PARTNERS**

Amref Health in Africa - Kenya

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